

# May 2025

## Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8 Caregiver Support Group 3PM – 4PM CCMH Conference Rooms C & D	9	10
11 LifeServe Blood Drive Call 800-287-4903 to schedule	12	13	14	15	16	17
18 CCMH Board of Trustees Meeting 5:30PM	19	20	21	22	23	24
25	26	27	28	29	30	31

### May Health Observances & Recognitions

Mental Health Awareness Month	6 – 12	National Nurses Week
National Stroke Awareness Month	11 – 17	National Hospital Week
National Nurses Month	11 – 17	National Women's Health Week
National Asthma and Allergy Awareness Month	11 – 17	National Skilled Nursing Care Week
National Physical Fitness and Sports Month	18 – 24	National EMS Week
Arthritis Awareness Month		
Teen Pregnancy Prevention Month	6	World Asthma Day
Better Sleep Month	7	School Nurse Day
Skin Cancer Awareness Month	10	Lupus Awareness Day
	28	Senior Health & Fitness Day