



CRAWFORD COUNTY
MEMORIAL HOSPITAL

GET HELP FOR

- Anxiety
- Depression
- Bipolar Disorder
- Mood Disorders
- PTSD
- Suicidal Thoughts
- ADHD



Call to make an
appointment

712-265-2700

EFFECTIVE, EVIDENCE-BASED MENTAL HEALTH TREATMENT



MOLLY SAUCER, PMHNP-BC

Molly Saucer is a board-certified psychiatric mental health nurse practitioner who provides assessment, medication management, and treatment services. With more than eight years of diverse clinical experience, Saucer delivers high-quality, patient-centric care. She previously worked at the Mental Health Institute, where she diagnosed and treated mental health conditions utilizing advanced psychopharmacology and counseled patients and families. Saucer excels at developing a strong rapport with patients through motivational interviewing and creating a non-judgmental environment.



WHITNEY SHARIATI, LMFT

Whitney Shariati is a licensed marriage and family therapist with more than eight years of experience in mental health. She earned a master's degree from Lipscomb University and has worked in a variety of settings, including adult and adolescent clinics. She describes her treatment style as warm, relational, and collaborative.

**To make an appointment
call 712-265-2700**

**Or visit www.ccmhia.com
100 Medical Pkwy, Denison, IA 51442**

Brought to you by

ITP

Integrated Telehealth Partners

Check Your Mood

Have you experienced any of the following?
Check the boxes that apply to you.

Life Changes:

- | | |
|---|--|
| <input type="checkbox"/> lost a loved one or friend | <input type="checkbox"/> loss of interest in activities you previously enjoyed |
| <input type="checkbox"/> experienced trauma | <input type="checkbox"/> withdrawing from friends or family members |

Health Concerns:

- thoughts of self harm
- changes in behavior, feeling stressed
- experienced changes in sleeping or eating patterns (increase or decrease)
- loss of energy or feeling tired all the time

Feelings of:

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> hopelessness | <input type="checkbox"/> sadness |
| <input type="checkbox"/> isolation | <input type="checkbox"/> frustration |
| <input type="checkbox"/> loneliness | <input type="checkbox"/> fear or anxiety |

If you checked any of the boxes you could benefit from our mental health services. We're available to answer questions and schedule a confidential assessment. Your happiness and health are important. Call us today!

712-265-2700



CRAWFORD COUNTY
MEMORIAL HOSPITAL

